WATERCOLOR TECHNIQUES for the Wild

- WET ON DRY Add color to a dry page for sharp edges
- WASHES Use your brush to lay down a light background tint
- **⊘** LAYERING Let one color dry, then paint over it
- SPLATTER Use a toothbrush or fingernail to create wild texture (optional but fun)
- PALETTE MIXING Combine primary colors to create earthy tones



CREATIVE MINDSETheofligt

- I'm here to observe, not be perfect.
- I expect unexpected things (bugs, wind, drying weirdness)
- O I want to feel the place, not just paint it
- O I'm allowed to play
- O Its okay if no one sees this but me



STAY

Want more creative hiking prompts? Join the Workout Artist newsletter for trail guides, sketch prompts, and inspiration.

Share your work with us!
Tag @WorkoutArtist or use #WorkoutArtist
to be featured on our Art Inspired Hiking gallery.

See you on the trail



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WELCOME to the trail

Whether you're a seasoned artist or just starting to explore creativity outside, this guide is your gentle companion to bringing watercolors into the wild. Theres no right way to do it just your way. Its about noticing more, slowing down, and letting the outdoors flow into your art.

Lets get you started.





No studio? No problem. Heres what to pack:

- Pocket watercolor set (812 colors is perfect)
- **⊘** Refillable water brush
- Binder clips (for holding pages open)
- Lightweight mat or camping stool (optional)
- **⊘** Ziploc for trash and storage
- Small spray bottle (optional for misting paints)



Use a fanny pack or side pouch in your hiking bag to keep your art gear easily accessible.



SETTING UP the Trail

Find your spot:

- Look for shade or indirect sunlight to protect your eyes and paints
- Avoid high wind areas (hilltops, ridgelines)
- Use your towel or mat as a stable base
- Keep water brush handy no need for rinse cups
- Olip your pages so they don't flap or buckle



Comfort is creative fuel.

YOUR FIRST 3 ainting Prompts 1. Color Hunt

Find 5 colors in your view and paint simple swatches. Try to match them as closely as you can.

2. Quiet Scene

Pick something still like a rock, a shadow, or a fallen leaf. Sketch it slowly. Use minimal lines.

3. 30-Second Shapes

Close your eyes, take a breath, then draw the shape of the trail or horizon in one continuous line.